



SECO CONSTRUCTION SUPPLY



Sealant Specialists

JOHN LATTA ASSOCIATES, INC.

Units of Measurement

Length

1 centimeter (cm)	=	10 millimeters (mm)
1 inch	=	2.54 centimeters (cm)
1 foot	=	0.3048 meters (m)
1 foot	=	12 inches
1 yard	=	3 feet
1 meter (m)	=	100 centimeters (cm)
1 meter (m)	≅	3.2808 feet
1 furlong	=	660 feet
1 kilometer (km)	=	1000 meters (m)
1 kilometer (km)	≅	0.6214 miles
1 mile	=	5280 ft
1 mile	=	1.6093 kilometers (km)
1 nautical mile	=	1.852 kilometers (km)

Weight

1 milligram (mg)	=	0.001 grams (g)
1 gram (g)	=	0.001 kilograms (kg)
1 gram (g)	≅	0.0353 ounces
1 ounce	=	28.3495 grams (g)
1 ounce	=	0.0625 pounds
1 pound (lb)	=	16 ounces
1 pound (lb)	=	0.4536 kilograms (kg)
1 kilogram (kg)	=	1000 grams
1 kilogram (kg)	≅	35.2740 ounces
1 kilogram (kg)	≅	2.2046 pounds (lb)
1 stone	=	14 pounds
1 short ton	=	2000 pounds

Area

1 square foot	=	144 square inches
1 square foot	=	929.0304 square centimeters
1 square yard	=	9 square feet
1 square meter	≅	10.7639 square feet
1 acre	=	43,560 square feet
1 hectare	=	10,000 square meters
1 hectare	≅	2.4711 acres
1 square kilometer	=	100 hectares
1 square mile	≅	2.5900 square kilometers
1 square mile	=	640 acres

Volume

1 US tablespoon	=	3 US teaspoons
1 US fluid ounce	≅	29.5735 milliliters (ml)
1 US cup	=	16 US tablespoons
1 US cup	=	8 US fluid ounces
1 US pint	=	2 US cups
1 US pint	=	16 US fluid ounces
1 liter (l)	≅	33.8140 US fluid ounces
1 liter (l)	=	1000 milliliters (ml)
1 US quart	=	2 US pints
1 US gallon	=	4 US quarts
1 US gallon	=	3.7854 liters